

MNEMONIC MONDAY

AUDREY GOT LIPO FOR HER 1ST CAT BECAUSE HE HAD LOW SELF-ESTEEM FROM BEING BLIND AND HAVING NO ABS

Au(d)Re(y) - Autosomal **recessive**
(got)

Lipo - Lipoprotein lipase deficiency
(for her)

C(at) - Apolipoprotein **C-II**
(because he had low self-esteem from being)

Blind - lipemia retinalis (opaque yellow retinal vessels)

(and having no)

Ab(s) - abdominal **pain/pancreatitis/**
hepatomegaly

SWIPE >>>

Derm In-Review

This mnemonic refers to findings/mutations associated with familial hypercholesterolemia/Apo-B deficiency (Type II). This is an Autosomal dominant mutation of LDL receptor or Apo B-100 mutation. It is the most common hyperlipoproteinemia (1:500 heterozygous).

Clinically we see tendinous, tuberoeruptive, tuberous, or plane xanthomas (remember plane xanthomas of finger webs are pathognomonic for homozygous Apo B-100 mutation), as well as xanthelasma and atherosclerosis.