

# MNEMONIC MONDAY

## MY CORTEX CUTS HUXLEY THE HEN'S OUTER HAIR WITH GLASS

M - Medulla

Cortex - Cortex

Cut(s) - Cuticle

Huxley - Huxley's layer

Hen - Henley's layer

Outer - Outer Root Sheathe

Hair - Hair follicle

Glass - Glassy membrane (connective tissue sheathe/vitreous membrane)

SWIPE >>>

**Derm** In-Review

This mnemonic refers to the layers of the hair follicle from inner to outer -  
Medulla, Cortex,  
Cuticle, Huxley/Henly,  
Outer Root Sheath,  
and Glassy/Vitreous  
membrane.