

### Additional considerations for recommending over-the-counter formulations

For patients taking prescription acne products, recommend gentle cleansers that don't strip the skin barrier

Acne treatments tend to dry out the skin, so moisturizing daily can help drive better compliance. Recommend non-comedogenic, light, hydrating moisturizers

Be careful about doubling up on acne medication ingredients, which may cause irritation at higher doses

Include sunscreen recommendations for patients with prescriptions that cause photosensitivity like topical retinoids, adapalene  $\geq 0.1\%$  gel, tretinoin, tazarotene, or trifarotene

If a patient is looking for moisturizer with sunscreen, or sunscreen for oily skin, recommend products that are oil-free or contain mattifying ingredients

Older patients may be concerned with signs of aging, so you can incorporate vitamin C or topical retinoids to address aging issues in addition to their acne