

School of Medicine & Health Sciences

# Bimekizumab-bkzx Therapeutic Cheat Sheet

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## TRADE NAME

> BIMZELX®

## MECHANISM OF ACTION<sup>1,2</sup>

Bimekizumab is an IgG1 antibody that inhibits proinflammatory cytokines IL-17A and IL-17F, both of which are key in the pathogenesis of plaque psoriasis. Evidence suggests inhibiting both of these cytokines is more effective at treating plaque psoriasis than inhibiting IL-17A alone.

## FDA APPROVED FOR<sup>1</sup>

> Adults with moderate to severe plaque psoriasis

## OFF-LABEL USES3-7

- > Psoriatic arthritis
- > Lichen planus
- Nail psoriasis
- > Axial spondyloarthritis
- > Hidradenitis suppurativa
- > Palmoplantar pustular psoriasis

### DOSING<sup>1</sup>

- > Loading dose: 320 mg (two 160 mg injections) subcutaneous injection at Weeks 0, 4, 8, 12, and 16
- Maintenance dose: 160 mg injection every 8 weeks\*
  \*For patients weighing ≥ 120 kg, consider a dose of 320 mg every 4 weeks after week 16.

## SIDE EFFECTS<sup>1</sup>

Most common side effects of bimekizumab include:

- > Upper respiratory infections (15%)
- > Oral candidiasis (9%)
- > Fungal infections (3%)
- > Pain at the injection site (3%)
- > Gastroenteritis (2%)
- > Herpes simplex infections (1%)
- > Fatigue (1%)
- > Acne (1%)
- > Dermatitis/contact dermatitis (<1%)

#### WARNINGS<sup>1</sup>

- > May increase the risk of suicidal of ideation\*
- Increased risk infections, including tuberculosis (TB)
- > Elevated liver enzymes
- > Increased risk of irritable bowel disease (IBD)

\*This warning came from a trial study where few study subjects without a history of suicidal ideation and treated with bimekizumab had a higher rate of suicidal ideation than those with placebo (1.3% vs. 0.6%). Overall, it has not been established that bimekizumab can cause suicidal ideation or behavior.

## CONTRAINDICATIONS<sup>1</sup>

Patients with known hypersensitivity to bimekizumab or any of the excipients in the formulation

## PREGNANCY & BREASTFEEDING<sup>1</sup>

- There is insufficient data on the risk of birth defects or miscarriage in pregnant women
- > Bimekizumab may be transmitted from the mother to fetus
- There is no data on the presence of bimekizumab in animal or human milk or on its effect on breastfeeding infants

## MONITORING<sup>1</sup>

#### Baseline:

- > Psychiatric history
- > Quantiferon gold for TB followed by a yearly TB test
- > Pregnancy test for female patients of child bearing potential
- > CRC
- > CMP to evaluate for liver enzymes
- > HBV and HCV studies
- > HIV

## **REFERENCES**

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